

Financial terms

Sara is in network with Aetna, BCBS of New Jersey, Cigna, HIP, Oxford, United Health Care and Empire plans.

Insurance will be billed for services rendered. Coverage for nutrition therapy varies by carrier, individual policies and reason for appointment.

Benefits will be verified prior to first scheduled appointments . Patients are responsible for copayment or payment at the time of each session.

If an insurance claim is denied, it is the patient's responsibility to pay any balance due

For those who will pay out of pocket, appointment fees are time dependent and will be reviewed prior to our first appointment